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VASECTOMY

The following information is provided by *Urology Specialists, P.C.* to serve as an overview of what to expect before and after undergoing a vasectomy. Please read and sign these forms and bring them to your appointment. You will receive an additional instruction booklet at the time of your appointment.

Vasectomy is an operation performed to render a man sterile, unable to father children.

The testicles have two main functions:

- 1) Make sperm which then travels through the epididymis (where sperm mature) and up the vas deferens to exit through the urethra. The operation obstructs the vas deferens (tubes carrying the sperm) so that sperm cannot get out. Since they cannot get out, they are dissolved in the epididymis.
- 2) Manufacture the male sex hormone, testosterone, which goes directly into the blood stream. This is unchanged by the operation.

The fluid that is ejaculated during climax/orgasm is made in the prostate and seminal vesicles and is unchanged by the operation except that there are no sperm in the semen (ejaculate). The operation cannot be considered complete until semen has been examined by the doctor to confirm that all sperm above the point of the operation have been emptied out.

The patient is not to use Advil, Motrin, Aspirin, Vitamin E, Plavix, Ticlid, Coumadin, or any kind of blood thinners for 7 days prior to the procedure date.

There will be moderate swelling and bruising of the scrotum after the operation. The patient should stay off his feet the day of the surgery. We ask that you shave the scrotum a day before the procedure. Jockey-type underwear is recommended as an easy way to keep a dressing on without the use of tape. A shower is permissible any time including the day of surgery, but no tub baths for three days.

Protected intercourse can be resumed after seven days.

Our charge for the operation is \$650.00. This does not include the charge for your initial consult and/or exam in the office. Most insurance companies pay part or all of this fee depending on the policy.

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We cannot guarantee any insurance payment, however, so we recommend you contact your insurance beforehand. Any portion your insurance does not cover, you are expected to pay at the time of service.

We understand that a VASECTOMY is the operative procedure creating an obstruction in the flow of sperm from the testicles, and that the purpose of the operation is to render the male sterile (unable to father children).

We further understand that the operation may fail to accomplish this purpose or that it may initially be successful and later fail because the tubes grow back together (recanalization).

With the full understanding of the above, we consent to and request the performance of a bilateral vasectomy,

My signature confirms that I have read and understood the above statements.

Patient

Date

Wife (if applicable)

Date

POST-OPERATIVE INSTRUCTIONS FOLLOWING A VASECTOMY

- 1) No intercourse for at least 1 week (7 days).
- 2) Showering is permissible at any time. NO BATHS. Ice may be used for the first 24 hours.
- 3) No heavy work the day of or the two days following the surgery. No lifting over 20 pounds for one week after the surgery.
- 4) A support (Jock) strap should be worn for at least 14 days after surgery.
- 5) Semen specimens should be brought to the office to be analyzed for the presence of sperm. The first sample can be given at least 16 weeks and 24 ejaculations after surgery. After one analyzed specimen confirms the absence of sperm, a second specimen should be taken to an independent laboratory by the patient. A report from the lab should be forwarded to the office. (The cost of the independent lab check must be paid by the patient). When both specimens confirm the absence of sperm, yearly semen inspections can be made at the patient's discretion.

If, after two specimens are analyzed, sperm are still present, the procedure will be repeated at no charge.

Please place the specimen in a leak-proof container with a lid (these should have been provided to you at the time of your surgery).

Condoms or plastic bags are unacceptable. The container itself should be put in a plastic bag and then placed in a paper sack with your name on the outside. The specimen should be obtained the morning it is brought into the office to be examined, and should be kept at room temperature.

The specimen(s) may be dropped off any day the doctor is in. **PLEASE CALL** a day or two before you intend to drop off a specimen, to confirm that a doctor will be present. You will be asked to call back the next day for results.

- 6) This procedure is not 100% guaranteed; therefore, it is up to the individual as to whether or not contraception is continued.

Patient

Date

Wife (if applicable)

Date

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